

Important P.E. Information

Parents,

Trying out for a sport or an activity at a high school establishes your eligibility at that school. Students may NOT try out for a sport at multiple schools, nor may they try out for multiple sports at multiple schools. This means that any students who participates in try-outs or scheduled practices at a high school is prohibited from trying out or participating at any other school affiliated with the Utah High School Activities Association. This rule applies equally to students who make a team, and to students who do not make the team.

If you have any questions contact the athletic director at your community high school.

GYM UNIFORMS

For gym, students purchase a uniform as part of a class lab fee. The uniform is \$10 and works like other lab fees for classes. Families who cannot afford a uniform for gym classes can work with the main office to get a fee waiver.

Students should wear supportive/appropriate footwear for all gym, dance, and PE classes; no flip flops or sandals.